

▲
**You can
help
nurses &
midwives
rise.** ▶

Investing in nurses and
midwives creates a better
future for healthcare in
New Zealand.



 Auckland
Health
Foundation

Advancing healthcare, saving lives

You can help them rise

Help them rise. ↗

100% of every donation made to the Rise scholarship programme will support someone's dream to become a nurse or midwife.

Many of us know from personal experience the vital role nurses and midwives play in our lives.

Those who want to become nurses and midwives are passionate and caring individuals who often believe this is the only career for them.

Becoming a nurse or a midwife is not easy and we are finding that fewer and fewer people are succeeding at fulfilling their ambition because they are not adequately supported.

Attracting nurses with the appropriate qualification and competency required by the New Zealand health system is not guaranteed into the future.

An increasing reliance on overseas nurses alone will not improve the

nurse-to-population ratio to meet the health demands of a growing, diverse and ageing population. It is also likely to perpetuate a nursing workforce that does not reflect the unique ethnic makeup of the New Zealand population.

We want to help local people rise and fulfill their dreams to care for others. A gift to our Rise scholarship programme can help develop ambitious men and women into highly skilled professionals who wouldn't otherwise have the opportunity to realise careers as nurses and midwives.

With your support, we can create a future where new health professionals can rise, to care for the health of all our communities.



You can support someone's dream to become a nurse or midwife.

The scale of the challenge we face.

Nurses in Aotearoa face a set of challenges that are unprecedented in the history of the profession in this country.

By 2035 it is estimated there will be 5.26 million people living in New Zealand.

This number alone will add extra demand on our healthcare system, but we also have to factor in our ageing population and steady increases in lifestyle diseases.

Add to this that 50% of New Zealand's current nurses will be retired by 2035!

We're already beginning to feel the effects, with modelling revealing the grim reality that we only had enough nurses to meet demand until 2020.

This shortfall is predicted to continue over the next 15 years to a shortage of 15,000 nurses across New Zealand by 2035.

A new generation of nurses and midwives is needed. But fewer people are entering and staying in the workforce, and there are significant barriers to many students achieving the 3-4 year degrees.

Completing an expensive degree over an extended period without income is untenable for many students. In addition, clinical placements can require travel, and living and parking costs, which add another barrier and force many not to complete their qualification.

You can help us meet these challenges head on and enable individuals with a passion for nursing and midwifery to rise.

An ageing workforce

Forty six is the average age of a nurse in New Zealand.

Over 43% of nurses are aged 50.

50% of the nursing workforce will have retired by 2035.

Under-representation of Māori and Pacific nurses

7% of the total nursing workforce is Māori compared to 15% of the New Zealand population.

In 2019 at Auckland DHB, only one new graduate midwife identified as a Pacific Islander.

A dependence on internationally qualified nurses

27% of New Zealand's nursing workforce are internationally qualified nurses – higher than any other OECD country.



Your visionary support.

Gifts to our Rise scholarship programme for nurses and midwives allows us to offer individuals more than just financial support.



As one of our very special supporters, we're sure you would share our conviction that if someone is passionate about becoming a nurse or a midwife, we want to support them, whatever mountains they need to climb.

Our programme allows future nurses and midwives to learn without the added pressure of worrying how they will make ends meet. With your assistance, we can provide students with the financial, practical and emotional support they need to successfully complete their qualification and find a job.

This Rise scholarship programme launched by the Auckland Health Foundation, in partnership with Auckland DHB, aims to remove barriers to healthcare education and training.

The Rise scholarship programme does this in a number of ways:

- Scholarships are provided directly to students rather than tertiary institutions. This enables students to use the funding where they need it most, such as accessing clinical placements, online learning resources, vaccinations, child care, travel, parking and school fees.
- During their training all scholars are supported by Auckland DHB with clinical placements, mentoring and wrap around services. This means

that if they hit road blocks or barriers they can tap into a support system for assistance.

- Post study, all scholars will initially be employed by Auckland DHB, providing opportunities to continue learning in New Zealand's largest teaching hospital and giving them exposure to a vast range of patient cases through our clinical services.

When you give to the Rise scholarship programme, you not only help us meet the challenges ahead, you help to give a rise in earning opportunities for the individuals involved.

This programme has also been designed to address the need for nurses and midwives to better represent our ethnic diversity in New Zealand, in particular Māori and Pacific people.

Importantly, your gift provides a vital rise in cultural diversity within the nursing and midwifery workforce.

◀ We need more of our whānau looking after our whānau. ▶



L-R: Fellow cadet Calvin Fuimaono Aiesi Naoia with Sascha Henry

You can help them rise

◀ Fuelled by passion. Enabled by support. ▶

Sascha Henry was a cadet in Auckland DHB's Health Care Assistant Programme.

The 23-year-old was so fuelled with inspiration that she decided to pursue nursing soon after she completed her cadetship. But it wouldn't have been possible without a Rise scholarship.

“I don't think I would have gone on to nursing if I didn't have the cadetship behind me. For me, learning and gaining the hands-on experience really made me want to do nursing. As a healthcare assistant, you see nurses do so much and it made me want to be that person helping that patient.”

Thanks to funding and support she receives through the Rise scholarship programme, Sascha is now studying nursing with a focus on Māori health.

“Being a young Māori-Pasifika, and hearing about the statistics of our people in health, it really made me want to push to be in there. I want to make a difference for our people within the health sector.

I believe I have found my calling. We need more of our whānau looking after our whānau.”

Auckland DHB believes in, and values this investment. Chief Nursing Officer Margaret Dotchin says it is extremely satisfying to see the students learn and grow, and become valued members of Auckland DHB's nursing team.

You can help people like Sascha achieve their passion. Without our help, people like her are less likely to succeed and, as such, our nursing and midwifery workforce suffers.

Your gift will help us build a stronger and more diverse nursing and midwifery workforce.

4 Ways you can give. 7

The impact of your donation to the Rise scholarship programme will be felt not only in the lives of future nurses and midwives, but the future of New Zealand's healthcare and hospital system.

Those who currently support the Rise scholarship programme usually gift between \$1,000 and \$3,000 a year for 3-4 years. This enables them to fully support the individuals in the programme throughout their training. In return for their support we provide:

- An invitation to meet the scholarship recipients and those who run the programme
- Regular communications about the Auckland Health Foundation, with updates on the achievements of students who are supported
- Recognition in a number of ways to acknowledge their commitment to helping grow more Kiwi nurses and midwives.

Businesses also support the Rise scholarship programme

Local businesses committed to funding students on their journey to becoming a nurse or midwife usually gift \$3,000 (excl. of GST) a year for three years.

Supporting the Auckland Health Foundation is a way for local businesses to nurture a positive reputation, enhance their image and visibility, reinforce relationships with customers, differentiate themselves from competitors and develop closer relationships within the community. It also gives employees a reason to be proud of where they work. New business may also be created through the contacts and leads generated by a relationship with the Auckland Health Foundation.



In return for their support we can provide each business with:

- A Rise logo for use on pre-agreed marketing collateral
- A framed personalised certificate with details of their commitment to helping grow more Kiwi nurses and midwives
- An invitation to meet the scholarship recipients and those who run the programme
- Acknowledgement of their support on Auckland Health Foundation's website
- Regular communications about the Auckland Health Foundation, with updates on the achievements of students who are supported.

If you would like to give to the Rise scholarship programme please visit aucklandhealthfoundation.org.nz to make a donation online, or call 09 307 6039 to speak with a team member who can personally ensure your gift makes considerable change.



**With your support,
we can create a
future where new
health professionals
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**Auckland
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Advancing healthcare, saving lives

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